

Abstract Submission OPEN NOW! Go to: www.amaranthinstitute.org

For details and registration and abstract upload page

SAVE THE DATES!

Abstract deadline (oral):

June 30, 2026

Hotel deadline (main venue):

June 30, 2026

Abstract deadline (poster):

July 15, 2026

**Registration deadline:
members in good standing**

(25 dollars individ. 50 corporate)

July 15, 2026

**On-site registration for extra
fee (to be determined)**

Meeting Dates / Locations

August 12, 2026 (first day)
venue is La Conner Inn

August 13, 2026 (second day)
venue is La Conner then WSU-
Mt. Vernon REC (Posters)

August 14, 2026 (third day)
conclusion and departure

Thank you, AI



Amaranth Institute (AI) meeting 2026 –

Location: La Conner, Skagit Valley, near Burlington and Mt. Vernon in Washington State

Venues: La Conner Inn, BreadLab and WSU-North West REC

Sponsorship: AI, TSU, WSU

Dates: August 12 to 14, 2026

Schedule

Day 1 - August 12 (La Conner and WSU-Breadlab)

8:30 am – registration at the La Conner Inn-Two Forks Conference Room

9:00 Welcome at the La Conner Inn-Two Forks Conference Room

9:15: Amaranth Institute : What and Why ? (Matthew, Neil and Paul)

9:30 - 10:00 Plenary Speaker I: Grain Amaranth and Quinoa (BYU or pangenome speaker)

10:00 - 10:30 Plenary Speaker II: Vegetable Amaranth (NJ -Brunswick, WorldVeg or 1890s speaker)

10:30 : Coffee Break

10:45 to 12:00 : Regular talks 1 to 5 (15 minutes each)

12:00: Lunch in La Conner

1:30 Plenary Speaker III: Role of Breadlab (Kevin Murphy has agreed)

2:00 Introduction to WSU / region (what we will see today and tomorrow)

2:00-2:15 drive to [Verduras Mexicanas](#) (greens) Matthew B. to translate

2:15 - 3:15 Visit Verduras Mexicanas - leaf grow out (\$100 to pay farmer)

3:15 Drive to Breadlab

3:30 Breadlab tour

4:15 Cleaning and milling demo (Paul and Matthew)

4:30 Cooking demo – popping (Lauren?), greens (Louis), chocolates (Emily)

5:00: Pizza Making !

5:30: Demos lead into Social/Pizza dinner (BYO pizza toppings)

Day 2 - August 13 (La Conner in morning, then Auditorium - WSU NW Wash REC (Mt. Vernon))

8:30 am – registration Day II and pre-meeting snacks (breakfast amaranth products)

9:00 am - Regular talks 6 to 9 (15 minutes each): International Updates - Zoom

Country Highlights (Mexico, Tanzania, Kenya, Ethiopia, Zimbabwe)

9:45 : Plenary Speaker IV : Food Uses of Amaranths (Rauland Sharp and others, or Comparing WSU and CGIAR research approaches (Sieglinde Snapp)

10:30 : Coffee Break

10:45 to 12:00 Regular talks 10 to 14 (15 minutes each)

12:00: Travel to WSU-NWREC Center, setup of POSTERS

12:15 : Lunch at WSU-NWREC Center (sponsored lunch? E.g. Oaxaca Amaranth)

1:30: Poster Session summaries (5 minutes summary)

2:00: Talk about trials/grow out (Kevin, Blake and Paul)

2:15 – 3:15 visit grain fields (Amaranth, Quinoa, Spring Barley, Spring Wheat)

3:15 – 3:30 Discussion on Agronomic Issues

3:30 – 3:45: Poster Session Viewing and other Demo such as Seeder/Combine (Paul and Matthew).

Preparing and Viewing of Videos on : How to manage those tiny seeds of grain amaranths. Lessons from quinoa. Innovation needs. Optical cleaning.

3:45 – 4:45: Regular talks last session talks 15 to 18 and continued Poster Viewing

4:45 – 5:00: Wrap up and Amaranth Institute Elections – Leadership positions

5:00 – 5:15: return to La Conner

5:15 – 6:00: free hour

6:00 – 6:15 assemble for restaurant

6:30 Catered Dinner

Still Possible:

Breakout I and II ; Recipe development // Crop Development

Cooking Demos:

Fancy Desserts ! new Chocolates (Matthew and Emily) !!

Cooking greens (Jay B., Louis J)

Day 3 - August 14

9 to 10:30 : Amaranth Institute meeting, New Board Members, Other International Engagements

10:30 coffee break

11:00 Check out from hotel

PM; departures for Seattle or all other locations ?

Or Trip to Amaranth Flower Farm : Floret (1 hour drive; 30 minute drive to Mt. Vernon) – pay farmer

Important Addresses and Phone Numbers:

1. CoP1: Dr. Matthew Blair (615-963-7467); CoP2: Dr. Paul Galewski; Local: Dr. Kevin Murphy
2. La Conner Inn (conference venue): reservation block of 15 rooms until June 30
The La Conner Inn, 107 S 2nd St / P.O. Box 33, La conner , WA 98257: Phone: (360) 466-3101
3. La Conner Lodge (adjacent hotel): reservation block of 20 rooms until June 30
The La Conner Channel Lodge, 205 N 1st St / P.O. Box 1269, La Conner, WA 98257
Phone: (360) 466-1500
4. BreadLab (near Skagit Airport)
WSU Breadlab, 11768 Westar Ln. Unit E, Box 5, Burlington, WA 98233 (No Phone)
5. WSU NW Wash REC (Mt. Vernon)
16650 Hwy. WA-536, Mount Vernon, WA 98273
Phone: (360) 848-6120
6. Other Hotels; Burlington or Mt. Vernon (with approximate prices) YOU WILL NEED A CAR WITH THIS OPTION! Note : prices checked in May, no reservation blocks

Days Inn by Wyndham Mt. Vernon (Per night\$85)

Tulip Inn Mount Vernon (Per night\$95)

Clarion Pointe Mount Vernon – Burlington (Per night\$98)

Quality Inn Mount Vernon (Per night\$101)

Cocusa Motel Burlington (Per night\$125)

Comfort Suites Burlington near I-5 (Per night\$145)

Candlewood Suites Burlington (Per night\$166)

La Quinta Inn & Suites by Wyndham Burlington (Per night\$170)

Hampton Inn & Suites Burlington (Per night\$174)

Holiday Inn Express Hotels & Suites Burlington by IHGOpens (Per night\$174)

IMPORTANT HOTEL INFORMATION AT MAIN VENUE

Message to Guests:

The group block is open and available for guest bookings!

- To make your reservation at **The La Conner Inn** call **360-466-3101**. You must reference **Amaranth Institute** for group rates.
- If you prefer to book online, please click the following link: [Amaranth Institute](#)

If the booking link above does not work for you, copy the following address into your preferred browser: <https://resnexus.com/resnexus/reservations/group/B2C5681E-32F8-44F4-9079-8B43C3B8B7A4?GID=59801f88-63b1-441f-a311-18d4425a34fb>

*Please be aware that the group block and discounted rates expire **6/30/2026**.

- To make your reservation at **La Conner Channel Lodge** call **360-466-1500**. You must reference **Amaranth Institute** for group rates.
- If you prefer to book online, please click the following link: [Amaranth Institute](#)

If the booking link above does not work for you, copy the following address into your preferred browser: <https://resnexus.com/resnexus/reservations/group/2EE0E3BC-51AA-4AD1-B2E1-465B35386747?GID=f2fae353-8005-497e-92d3-4e537ce7a7c5>

*Please be aware that the group block and discounted rates expire **6/30/2026**.

PLEASE NOTE: Group rate is for Amaranth Institute

Wednesday, August 12, 2026 - Friday, August 14, 2026

La Conner Channel Lodge welcomes the Amaranth Institute. The group block is set up for a 2-night stay. If you need to modify this stay, please call in to make their reservation over the phone (360) 466-1500. All lodging includes complimentary continental breakfast served daily from 7-10 AM, parking for one vehicle & WIFI. Check-in Time: 4PM | Check-out time: 11 AM. Please be aware that the group block and discounted rates expire 6/30/2026.

Matthew Blair

Group Coordinator

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615-963-7467

Main Venue and Sponsors



The
**LA CONNER
INN**



LA CONNER
**CHANNEL
LODGE**



**WASHINGTON STATE
UNIVERSITY**



**TENNESSEE
STATE UNIVERSITY**

Location for field trips in Skagit Valley and second day of meeting at WSU NW-REC station

