

Amaranth Production, use of recipes and promotion in Zimbabwe

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Amaranth - A World of Opportunity 24-26 September 2015

Road Map

- 1. About CADS
- 2. Why the Amaranth Project?
- 3. Project Phases
- 4. Project Impact
- 5. Learning
- 6. Question and Answer





About CADS

- 1. Non governmental organisation registered in 2015
- 2. EU funded- Improving food, nutrition and income for 5000hs
- 3. EU funded-Conservation Agriculture and Capacity Building
- 4. Value addition, nutrition and income generationover 60% women participants
- FAO funded-Improved Livelihoods of 4300 Vulnerable Households through Market-Based Mechanisms
- 6. Putting Nitrogen Fixation to Work for 4000 Smallholder Farmers in Africa (N2Africa)
- 7. Children First (USAID funded)Horticultural



production at primary schools for income generation to support Orphans and Vulnerable

Why the Amaranth Project?

Commerce

- Need for alternative crops and species for smallholder farmers (state regulates price of Maize)
- Potential for export markets and improved revenue

Production

- Fares well in conditions similar to those for maize or worse conditions
- Yields comparable with those for maize (smallholder production)
 - Tolerates full sun, drought, high temperatures and low soil fertility
 - Easy to grow, harvest and cook

Nutrition

- Gluten-free, high in protein against high malnutrition in the country

High levels of magnesium, calcium, iron and fibre(anaemia girls and women)



- Against a background of high prevalence of malnutrition

- Awarene ss
- Provincial, district, and ward levels
- Community (10 wards)

Capacity Building

- Identified and recruited trainer on amaranth
- Train-thetrainer
 conducted

Implementa tion

- tionIdentificationof farmers

establishment of demo sites

- distribution of inputs
- Production

Post Producti

- Product developme nt (domestic and commercia)
- Market

developme

Monitoring and Evaluation^{nt}

Mainstreaming Gender, Nutrition, HIV/AIDS







Awareness Creation



Presentations to motivate for Amaranth

- Meetings with Ministries
 - Agriculture
 - Health and Child Care
 - Environment, Water and Climate Change
 - Women Affairs, Gender and Community Development
- One-on-one meetings with administrators
- Focus Group Discussions at community level
- Stakeholder meetings Mobilisation
- Inception Workshops
- Negotiation of off-take agreements





Capacity Building



- Identified and recruited expert on amaranth
- Train-the-trainer sessions conducted
 - Production
- Post Harvest Handling and Storage
 - Value Addition
 - Nutrition
 - Gender, HIV/AIDS in relation to nutrition
- Creation of Farmer Groups and Savings Clubs
- Training of Farmer Groups









- Establishment of Pilot Phase
- Identification of trial farmers
- Establishment of demo
 - Distribution of inputs
 - Production
- Coaching and Mentorship
 Program
- Farmer Field Schools and Field Days
- Post Harvest Handling and

Storage





Post Production



- Domestic Product Development
 - To promote integration of amaranth into main diet
 - Recipe Book and Cooking Demos
 - Food Fairs and Festivals
- Commercial Product Development
 - Partnership with research institutions
 - Establishing Quality Standards
 - Setting parameters for scaling up production
- Market development
 - Product Testing
 - Prospect off-take agreements
 - Food fairs and festivals





Yields

WARD	YEAR 1 YIELD	YEAR 2 YIELD
Mutoko	2,3ton/ha	2ton/ha
Mudzi	1,9ton/ha	1,7 ton/ha







Yields









- Stakeholder buy-in and support
 - Government Ministries
 - Research Institutions
 - Funding Partners
 - Private Sector
 - Smallholder Farmers
- Group cohesion smallholder farmers now enjoy economies of scale
- Improved income generation
- Diversification of diet
- Potential to address

malnutrition





Stakeholder Buy-In







Diversified Diet







Recipes developed







Potential export markets







Learning

1.In the absence of marketing off take agreements production remains low

- 2.Stimulate demand on the local market
- 3. Trials on more varieties and seed multiplication
- 4. Link to developmental issuesmalnutrition and food insecurity
- 5.Partnerships and collaboration-local and International
- 6.Explore export markets



Thank You



